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With the current COVID-19 (Coronavirus) being declared a worldwide pandemic, Couchiching First Nation has taken some proactive measures to contain any spreading of the virus.

To be clear, there have been NO confirmed cases of the virus in our Community or the Rainy River District. The following measures have been implemented while we deal with this situation.

- Information on the virus is attached. Please read this information to ensure that we follow the right steps if sickness is suspected.
- All non-essential travel for Council and Staff has been cancelled.
- March Break activities will proceed with some adjustments. The Biwabik ski trip, movie night trip to Cine 5, and sliding at the Little Beaver Snow Park have been cancelled. Extra sanitary stations will be available at the multi-use facility. We ask community members to self-regulate themselves. If they are feeling ill and are exhibiting symptoms, please stay home. We will reserve the right to ask those exhibiting symptoms consistent with the virus to leave an event or activity, without prejudice.
- Any staff who have scheduled family trips out of Canada during the March Break will be required to self-quarantine their family for 14 days upon return from their trip and prior to returning to work.
- The 4 C's Daycare will remain open (please see attached memo).
- The Couchiching Bingo Hall will remain open at this time. Extra sanitizer stations will be installed. We will be transitioning to handless soap and paper towel dispensers. All servers will be using sanitary gloves. We will be asking patrons to self-regulate themselves at this time. If they are feeling ill and starting to exhibit symptoms consistent with the virus, we ask them to stay home. We reserve the right to ask patrons to leave if they attend the bingo and display any symptoms.
- Our community health representatives will attend elder's homes to answer questions and concerns. If you wish a visit from our Community Health Representative, we ask you to contact the Band Office at 807 274-3228.
- Essential Services will continue to be available. If you have concerns about a program or service, please contact the Band Office.

If there are any confirmed cases moving forward, please take comfort in the fact we will be addressing these concerns as they arise, and take the necessary steps to keep our members safe. Regular updates will be communicated as we gather new information.

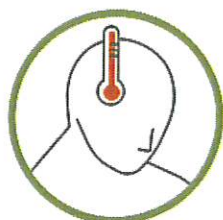
Any questions or concerns can be addressed to Dale Morrisseau who can be reached at 807 274-3228.

KNOW THE FACTS

ABOUT CORONAVIRUS DISEASE (COVID-19)

COVID-19 is an illness caused by a coronavirus. Human coronaviruses are common and are typically associated with mild illnesses, similar to the common cold.

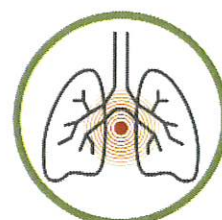
Symptoms of human coronaviruses may be very mild or more serious, such as:



FEVER



COUGH



DIFFICULTY BREATHING

Symptoms may take up to 14 days to appear after exposure to the virus.

Coronaviruses are most commonly spread from an infected person through:

- ▶ respiratory droplets when you cough or sneeze
- ▶ close personal contact, such as touching or shaking hands
- ▶ touching something with the virus on it, then touching your eyes, nose or mouth before washing your hands

These viruses are not known to spread through ventilation systems or through water.

The best way to prevent the spread of infections is to:

- ▶ wash your hands often with soap and water for at least 20 seconds;
- ▶ avoid touching your eyes, nose or mouth, especially with unwashed hands;
- ▶ avoid close contact with people who are sick;
- ▶ cough and sneeze into your sleeve and not your hands; and
- ▶ stay home if you are sick to avoid spreading illness to others.

For more information on coronavirus:

1-833-784-4397

canada.ca/coronavirus

phac.info.aspc@canada.ca



Public Health
Agency of Canada

Agence de la santé
publique du Canada

Canada

**Couchiching Child Care
Centre**

Memo

To: Parent(s) / Guardians / Staff
From: Wanda McCabe – Manager
cc: Dale Morrisseau – Executive Director
Date: March 13, 2020
Re: Coronavirus

Please be advised that the Couchiching Child Care Centre will remain open at this time; we are asking parents to adhere to the following so we can remain open:

We are asking that if your child is feeling unwell please keep them at home. Low-grade fevers, cough and difficulty breathing please refrain from attending the Child Care Centre. If any of these symptoms appear in your child during the day; you will be contacted to pick up your child immediately and your child will be out of the program for 14 days.

Please find attached the Memo from the Ministry of Education Early Years and Child Care Division.

If you have any questions or concerns please feel free to contact me at 274-0456 or stop by my office.

Thank You

Ministry of Education
Early Years and Child Care Division

315 Front Street West, 11th floor
Toronto ON M5V 3A4

Ministère de l'Éducation
Division de la petite enfance et de
la garde d'enfants

315, rue Front Ouest, 11^e étage
Toronto ON M5V 3A4



TO: Consolidated Municipal Service Managers and District Social Service Administration Boards / Chiefs of First Nations with Licensed Child Care and First Nations Child Care Administrators

FROM: Shannon Fuller
Assistant Deputy Minister
Early Years and Child Care Division

DATE: March 13, 2020

Yesterday, based on advice from Dr. David Williams, Ontario's Chief Medical Officer of Health and the experts at the COVID-19 Command Table, the Minister of Education issued a Ministerial Order to close all publicly funded schools in Ontario for two weeks following March break, in response to the emergence in Ontario of COVID-19. This means that Ontario schools have been ordered to remain closed from March 14 through to April 5, 2020.

The Ministerial Order does not apply to child care. School Boards will be making decisions on whether child care centres in schools will remain open or will be closed. Ontario's Chief Medical Officer of Health, Dr. David Williams is asking that all licensed child care centres actively check children, parents, staff and visitors for any symptoms and ask about recent travel history that may be related to COVID-19. It is critical that we keep COVID-19 out of our child care spaces.

Dr. Williams advises that parents continue to monitor their children's health and keep children who are unwell at home. Dr. Williams also recommended that families that travel outside of Canada keep their children home for 14 days. We are committed to continuing to work with you to support children and families and keep everyone safe.

Thank you,

Shannon Fuller